PACK-A-SNACK SERVICE PROJECT

Philoptochos is once again coordinating the Spring Break "Pack-a-Snack" service project. For those of you who are new to our community, several churches in the Roanoke Valley have started an organization called "Pack-a-Snack" which provides healthy snacks to underprivileged children during several breaks throughout the year such as Christmas break, spring break and other long weekends. We would like to participate with our neighboring churches in the Williamson Road area to provide snacks for eligible students attending Round Hill Elementary. We were able to pack and deliver 60 bags at Christmas. We would like to aim to pack "60" bags with healthy snacks for the upcoming Spring break.

The following are suggestions of healthy snack items:

- Canned vegetables: corn, peas, green beans, or mixed vegetables
- Canned soups: chicken noodle (or any kid friendly soup)
- Small jars of peanut butter
- Small jars of grape jelly
- Saltine or Ritz crackers
- Oatmeal packets
- Cereal bars
- Pudding cups
- Apple sauce cups or fruit cups
- Microwaveable popcorn packets
- Peanut butter crackers
- Granola bars
- Individual snack bags of pretzels, goldfish, cheese nips, etc.
- Mac 'n cheese boxes or cups
- Fresh apples or oranges

If you would like to donate items or make a monetary donation, please see Frances Simopoulos, Danna Owen or Angela Flegas. We will be collecting items/money until Sunday, March 9th. If you choose to donate nonperishable snacks, please bring 30 of that item. If you desire to bring more, that will be greatly appreciated since our goal is 60 bags. For example, if you choose to bring microwaveable popcorn packets, we need to have 30 individual packets. One packet will be included in each bag. If you have any questions regarding the "Pack-a-Snack" service project, please contact Frances Simopoulos at francessimopoulos@gmail.com or 434.851.6830.

There will be a sign-up sheet in the hall starting Sunday, January 26. Please let us know the snack you bring. This allows us to have a variety of snacks versus a lot of duplicates. Place your snacks on the table to the left as you enter the Fellowship Hall. Philoptochos thanks you in advance for your support of this very important service project.